





#### WTC HEALTH PROGRAM NATIONWIDE PROVIDER NETWORK

# **Program Information**

- The World Trade Center Health Program was established by Public Law 111-347, the "James
  Zadroga 9/11 Health and Compensation Act of 2010". The Program includes a Nationwide Provider
  Network that is third party administered by MCA/Sedgwick.
- The Program provides health monitoring benefits, diagnostic benefits for further evaluation of potential WTC-Related Health Conditions, and treatment benefits for Program certified World Trade Center (WTC)-Related and Associated Health Conditions.

#### **Exam Details**

- Monitoring exams provide for a routine health assessment including preventive medicine coverage for influenza vaccination and cancer screening (USPSTF grade A/B recommendations for the 4 cancers listed in the chart below).
- Abnormal health findings or symptoms should be documented on the exam form and any recommended referrals.
- If abnormal health findings may be WTC-related and meet the Program's policies and procedures, then further diagnostic evaluation will be arranged by the NPN, based on recommended referrals.
- If the findings are <u>not</u> WTC-related and covered by the Program, then the member will be made aware of the findings and advised to follow-up with their personal healthcare provider.
- All exam components identified in the grid below are offered to the WTC member. The member may choose to refuse certain components and screening.
- If a member refuses any components, document the refusal on the exam form.
- The Medical Health Questionnaire (MHQ) Summary will be provided to you via fax 3-5 days prior to the member's appointment and should be reviewed prior to the appointment.
- Completed forms should be returned within 48 hours via secure fax or a direct upload to the Provider Portal.
  - o Fax Number: 866.728.7860
  - o Provider Portal: <u>www.sedgwickwtc.com</u>
- MHQ summaries, the exam form, and other provider education can also be located on the Provider Portal.

# **Monitoring Exam Components**







Component	Notes	Initial Health Examination	Annual Monitoring Examination
Medical History Questionnaire (MHQ) Summary	To be faxed to provider for review prior to exam		
Spirometry/Pulmonary Function Testing	Initial spirometry to include pre/post bronchodilation with clinical indication		
Laboratory Testing	Including CBC, CMP or BMP, lipids (fasting or non-fasting) and UA		
Chest X-ray			Every 2 years with clinical indication
EKG	≥ 40 yrs. old with clinical indication		
Influenza Vaccine			
Physical Examination			
Offer Cancer Screening	Colorectal, Lung, Breast, & Cervical		







# **Physical Exam Form**

# **General information** Provider name (last, first) **Exam location** Exam date (MM/DD/YY) Member name (last, first) Member DOB (MM/DD/YY) **WTC Member ID** Member concerns/subjective:

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Managed Care Advisors, a subsidiary of Sedgwick, is contracted to provide Nationwide Provider Network services for the WTC Health Program. The WTC Health Program is administered by the National Institute for Occupational Safety and Health, part of the Centers for Disease Control and Prevention in the US Department of Health and Human Services.







MHQ summary reviewed  Yes No
Comments:
Vital signs
BP Pulse Pulse irregular (describe)
Respirations: Height (inches): Weight (lbs.): BMI:
General appearance
Normal Abnormal
If abnormal, please describe:
Ears
☐ Normal ☐ Abnormal
If abnormal, please describe:
Eyes  Normal Abnormal
If abnormal, please describe:







Normal	Nose
Sinuses   Normal   Abnormal     If abnormal, please describe:	Normal Abnormal
Sinuses   Normal   Abnormal     If abnormal, please describe:	
Normal	if abnormal, please describe:
Normal	
Normal	
Normal	
Normal	Sinuses
Mouth/throat Normal Abnormal  If abnormal, please describe:  Neck Normal Abnormal  If abnormal, please describe:  Chest Normal Abnormal	
Mouth/throat Normal Abnormal  If abnormal, please describe:  Neck Normal Abnormal  If abnormal, please describe:  Chest Normal Abnormal	
Normal Abnormal    If abnormal, please describe:  Neck  Normal  Abnormal  If abnormal, please describe:  Chest  Normal  Abnormal  Abnormal  Abnormal	If abnormal, please describe:
Normal Abnormal    If abnormal, please describe:  Neck  Normal  Abnormal  If abnormal, please describe:  Chest  Normal  Abnormal  Abnormal  Abnormal	
Normal Abnormal    If abnormal, please describe:  Neck  Normal  Abnormal  If abnormal, please describe:  Chest  Normal  Abnormal  Abnormal  Abnormal	
Normal Abnormal    If abnormal, please describe:  Neck  Normal  Abnormal  If abnormal, please describe:  Chest  Normal  Abnormal  Abnormal  Abnormal	
Normal Abnormal    If abnormal, please describe:  Neck  Normal  Abnormal  If abnormal, please describe:  Chest  Normal  Abnormal  Abnormal  Abnormal	
If abnormal, please describe:  Neck Normal Abnormal  If abnormal, please describe:  Chest Normal Abnormal	
Neck Normal Abnormal  If abnormal, please describe:  Chest Normal Abnormal	Normal Abnormal
Neck Normal Abnormal  If abnormal, please describe:  Chest Normal Abnormal	If abnormal, please describe:
Normal Abnormal  If abnormal, please describe:  Chest Normal Abnormal	
Normal Abnormal  If abnormal, please describe:  Chest Normal Abnormal	
Normal Abnormal  If abnormal, please describe:  Chest Normal Abnormal	
Normal Abnormal  If abnormal, please describe:  Chest Normal Abnormal	
If abnormal, please describe:  Chest Normal Abnormal	
Chest  Normal Abnormal	Normal Abnormal
Chest  Normal Abnormal	If abnormal, please describe:
Normal Abnormal	
Normal Abnormal	Chest
If abnormal (barrel chest, kyphosis, scoliosis, asymmetrical, etc.), please describe:	
	If abnormal (barrel chest, kyphosis, scoliosis, asymmetrical, etc.), please describe:
Coughing during exam?	Coughing during exam?
Yes No	
If yes, please indicate the following:  Rare Occasional Frequent Productive Non-productive	







Auscultation  Normal	Abnormal
Rales	
Wheezing	
Rhonchi	
Diminished breat	h sounds
Heart Normal	Abnormal
If abnormal, plea	ise describe:
Abdomen Normal	Abnormal
If abnormal, plea	se describe:
Extremities  Normal	Abnormal
If abnormal, plea	se describe:
Skin	
Normal [	Abnormal
If abnormal, plea	se describe:
Musculoskeletal Normal	Abnormal
If abnormal, plea	se describe:







Neurological Control of the control
Normal Abnormal
If abnormal, please describe:
Testing results
Labs (CBC, BMP or CMP, non-fasting or fasting lipids, and UA)
☐ Normal ☐ Abnormal
Provider's comments:
EKG (only if indicated)  Normal Abnormal
Provider's comments:
Spirometry
Normal Abnormal
Provider's comments:
Spirometry quality test grade
□ A □ B □ C □ D □ E □ F
Chest x-ray (Initial exam and then every two years)
Normal Abnormal
Provider's comments:







#### **Potential WTC-related health conditions**

Potential WTC-related medical conditions will be evaluated to determine if they meet the certification policy requirements by the Administrator of the WTC Health Program. These conditions are substantially likely to be caused or aggravated by or contributed to by 9/11 terrorist attack events and exposures (https://www.cdc.gov/wtc/regulations2.html).

#### **Upper airway conditions**

ICD code	Description
Referral type None ENT Smoking cessation	☐ Internal medicine ☐ Pulmonary ☐ Sleep medicine ☐ Other
Recommended diagnos procedures:	ritic
Symptom(s):	
Symptom onset:	
Symptom management treatment summary:	
Additional comments:	
ower airway condit	tions
ICD Code	Description
Referral type  None ENT Smoking cessation	☐ Internal medicine ☐ Pulmonary ☐ Sleep medicine ☐ Other
Recommended diagnos procedures:	ptic







Symptom(s):	
Symptom onset:	
Symptom management/ treatment summary:	
Date of last influenza vaccine:	
Administered Refused Recommended	
Additional comments:	
Gastrointestinal conditions	
ICD code Description	
Referral type  None GI Internal medicine Other	
Recommended diagnostic procedures:	
Symptom(s):	
Symptom onset:	
Symptom management/ treatment summary:	
Additional comments:	







## **Mental health conditions**

ICD Code	Description	
Referral type None Psyc Other	chology Psychiatry Social Work Smoking cessation	
Recommended diagnos	stic procedures:	
Symptom(s):		
Symptom onset:		
Symptom management treatment summary:	t/	
Additional comments:		
Musculoskeletal disorder(s) (Only potentially certifiable for WTC responders with supporting medical documentation from 9/11/01 to 9/11/03)		
Acute traumatic inj	ury (Only potentially certifiable with supporting medical documentation from	
9/11/01-9/11/03)		
ICD code	Description	
	2650 Priori	
Referral type  None Othe	er	
Recommended diagnos	stic procedures:	
Symptom(s):		
Symptom onset: Symptom management treatment summary:	t/	







Additional comments:	
FINDINGS REQUIR	RING FURTHER DIAGNOSTIC EVALUATION
Abnormal findings	
ICD code	Description
Referral type	
☐ ENT ☐ Puln☐ Hematology	monology Gastroenterology OB/GYN Oncology Other
Recommended diagnost	tic procedures:
Symptom(s):	
Symptom onset:	
Symptom management/ treatment summary:	<i>'</i>
Additional comments:	







## **USPSTF** recommended cancer screening(s)

Lung cancer screening indicated:  Yes No Member declined		
If yes, please explain:		
Referral type  Radiology for low dose CT		
Other:		
Breast cancer screening indicated:  Yes No Member declined		
If yes, please explain:		
Referral type  Mammogram*		
*The program covers mammograms every other year.		
Other:		
Cervical cancer screening indicated:  Yes No Member declined		
If yes, please explain:		
Referral type  Age 21-29, cytology/PAP smear every three years Age 30-65, cytology/PAP smear every three years Age 30-65, high-risk HPV testing every five years Age 30-65, cytology/PAP smear and high-risk HPV testing every five years (co-testing		
Other:		
Colorectal cancer screening indicated:  Yes No Member declined		
If yes, please explain:		
Referral type		
☐ Colonoscopy ☐ High-Sensitivity Guaiac FOBT or FIT annually ☐ sDNA-FIT every 1-3 years		
Other screening method:		







## Other conditions identified that may NOT be related to 9/11 events

The following findings were abnormal. Follow up with Health Program does not provide coverage for these c	<u>·                                      </u>	
Member to follow up with personal provider on this finding:		
SIGNATURE		
Provider signature	Provider name and credentials: (please print)	
Date (MM/DD/YY)		